

## How to discontinue home isolation

- People **with COVID-19 who have stayed home (home isolated)** can stop home isolation under the following conditions:
  - ***If you will not have a test*** to determine if you are still contagious, you can leave home after these three things have happened:
    - 
    - - You have had no fever for at least 72 hours (that is three full days of no fever without the use medicine that reduces fevers)  
AND
      - other symptoms have improved (for example, when your cough or shortness of breath have improved)  
AND
      - at least 7 days have passed since your symptoms first appeared
    - ***If you will be tested*** to determine if you are still contagious, you can leave home after these three things have happened:
      - You no longer have a fever (without the use medicine that reduces fevers)  
AND
      - other symptoms have improved (for example, when your cough or shortness of breath have improved)  
ANDyou received two negative tests in a row, 24 hours apart. Your doctor will follow [CDC guidelines](#).

In all cases, **follow the guidance of your healthcare provider and local health department**. The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments. Local decisions depend on local circumstances.