



January 2018
Health Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 New Year's Day!! Atrium CLOSED!!	2 Weekend Review Horticulture Intro To Health Month	3 Literacy Guild Buddy System Begins! I LIKE TO MOVE IT, MOVE IT!	4 School of Cooking Health Document- ary	5 Art Therapy, Movies, Games & Puzzles	<p>THANK YOU FOR YOUR CONTINUOUS SUPPORT AS WE STRIVE TO PROVIDE QUALITY SERVICES</p>
	7 8 Weekend Review Cloud 9 Gym Trip 9:45am-10:45am	9 Healthy Aging: How to Take Care of Our- selves Let's Get Moving!	10 Literacy Guild National Strawberry Day !	11 School of Cooking Skin Care: Be Con- scious! Cold & Flu	12 Art Therapy, Movies, Games & Puzzles	
	14 15 Martin Luther King Jr. Birthday ATRIUM CLOSED!!	16 Weekend Review Horticulture Financial Wellness!	17 Literacy Guild HEALTH MAD- NESS! Let's Get Moving!	18 School of Cooking Cancer Prevention Awareness	19 Art Therapy, Movies, Games & Puzzles	
	22 Weekend Review Health Trivia EWW GERMS!	23 Cloud 9 Outing Movies 9:30am-2:00pm	24 Let's Get Moving! Let's Talk About Food!	25 Cloud 9 Outing Boonshoft Museum 9:30am-2:00pm	26 Art Therapy, Movies, Games & Puzzles	27
28	29 Weekend Review I Like to Move it Move it!: Let's Get Moving!	30 Horticulture Healthy Weight: How to Maintain!	31 Let's Get Moving! Self Defense: How to protect ourselves	<p>Daily Schedule Activities Include Work Skills Exercise Leisure Skills Social Skills Development</p>		