

# MARTIAL ARTS

**Mike Boothe, in partnership with the Greene County Board of Developmental Disabilities and the Xenia YMCA, is creating an opportunity for individuals with disabilities to do Martial Arts alongside their peers. Individuals who are served by GCBDD can attend GCBDD + YMCA partnership classes for \$10 per month after meeting the YMCA's membership requirements.**

## **WHEN**

**Every Monday evening**

**Starting May 1, 2017**

**6:00pm - 7:00pm**

## **WHERE**

**Xenia YMCA**

**135 E Church Street, Xenia, OH 45385**



*Martial Arts  
with  
Mike Boothe*

Training in the martial arts is a fun and effective way to stay fit and develop discipline, self-confidence and perseverance.

Martial arts instructors teach fighting and self-defense techniques, as well as to develop character in their students.

**QUESTIONS?  
PLEASE CONTACT**

**Megan Wilker**

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