

Health:

- Ohio Department of Health Hotline 1-833-4-ASK-ODH (testing, symptoms, questions, etc.)
- Suicide Hotline: 1-800-273-8255
- TCN crisis line: 937-376-8701
- Coronavirus local testing site: 10am- 6pm daily in the parking lot at UD Arena- Edwin C. Moses Blvd; must have a doctor's note indicating testing is needed.
- NAMI Crisis line numbers: <https://namiohio.org/wp-content/uploads/2020/03/County-Crisis-Numbers.pdf>
- **CareSource information:**

CareSource does not cover masks and hand sanitizer. The best defense against flu and COVID 19 is to practice every day healthy actions. Wash your hands with soap and water often for at least 20 seconds. Regularly clean commonly touched surfaces. However, members with rewards programs may decide to use their benefits for personal items such as protective gear and/or hand sanitizer. Check the rewards benefits from your My CareSource, personal online account.
- CareSource provides members access to telemedicine
Telemedicine can be used from a computer, smart phone or mobile app to deliver health care services without an in-person visit to your doctor. CareSource currently provides telehealth services to ensure our members can have access to health care services, particularly in situations where reducing the risk of infection and spread of disease is of utmost importance. CareSource partners with MyIdealDOCTOR™ to provide telehealth services. Three ways to access MyIdealDoctor:
 1. Call 1-855-879-4332 from your phone, or
 2. Visit myidealdoctor.com on your smartphone, tablet or computer, or
 3. Download the MyIdealDoctor app from Google Play or Apple App Stores

Prescription/Rx Support:

[CVS is now providing free RX and essential deliver \(click here for info\)](#) This includes Target pharmacies, which are also CVS.