

CARDIO KICKBOXING

William Romine, in partnership with Greene County Board of Developmental Disabilities is creating an opportunity for individuals with disabilities to do Cardio Kickboxing and learn Taekwondo skills alongside their peers. This activity is free!

WHEN

Monday evenings

February 5th through April 30th

4:45pm - 6:00pm for ages 6-17

6:00pm - 7:15pm for ages 18+

WHERE

Xenia Community Center - Room 407

1265 W. 2nd Street, Xenia, OH 45385

William Romine is a professor at Wright State University and a taekwondo instructor with the United States Taekwondo Federation (USTF). He is very excited to work with people served by the Greene County Board of DD.

GREENE COUNTY BOARD
OF DEVELOPMENTAL DISABILITIES



First come, first served! Limited to the first 12 people who register for each age group. Others will be placed on a waiting list for the next series!

AGES 6+

If an individual needs assistance, a family member or staff member is expected to stay.

**TO REGISTER
PLEASE CONTACT**

Megan Goettemoeller

**Provider Connections
Coordinator, GCBDD**

**(937) 562-6751
recreation@greenedd.org**