

CARDIO KICKBOXING

William Romine, in partnership with Greene County Board of Developmental Disabilities is creating an opportunity for individuals with disabilities to do Cardio Kickboxing and learn Taekwondo skills alongside their peers. This is free!

WHEN

Tuesdays

October 3, 10, 17, & 24

5:30pm - 7:30pm

WHERE

Xenia Community Center - Room 407

1265 W. 2nd Street, Xenia, OH 45385

William Romine is a professor at Wright State University and a taekwondo instructor with the United States Taekwondo Federation (USTF). He is very excited to work with people served by the Greene County Board of DD.



First come, first served! Limited to the first 12 people who register. Others will be placed on a waiting list for the next series!

AGES 6-18

If an individual needs assistance, a family member or staff member is expected to stay.

TO REGISTER PLEASE CONTACT

Megan Goettemoeller

**Provider Development
Coordinator, GCBDD**

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